



## MANDAN MARLINS TEAM CODE OF CONDUCT: ATHLETES

The purpose of a code of conduct for athletes is to establish clear and consistent expectations for athletes. The Mandan Marlins Swim Club Coaching Staff and Board of Directors ask Marlins swimmers to:

- Show respect and courtesy to my teammates and coaches by not disrupting your coach or bothering others in your lane during practice.
- Arrive on time to practices and meets.
- Demonstrate good sportsmanship at all practices and meets.
- Set a good example of behavior and work ethic for teammates.
- Show respect for all facilities and other property used during practices, competitions and team activities.
- Refrain from using a cell phone in the locker room or on deck during practice.
- Refrain from roughhousing or other extensive personal contact during practice and meets.
- Refrain from using foul language, violence, behavior deemed dishonest, offensive or illegal.
- Refrain from the use of performance enhancing drugs or stimulants.
- Take increasing ownership of direct communication with team coaches about swimming goals, progress, challenges and experiences as the swimmer progresses in practice groups.
- Discuss decisions of the officials with team coaches instead of approaching an official.

I agree to follow the Mandan Marlins Swim Club Athlete Code of Conduct.

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Athlete Signature

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Date